



The “Sport Karate” classes will be re-starting on **Wednesday 8<sup>th</sup> January and Friday 10<sup>th</sup> January 2025** at St Marks Primary school. At this time, we will be welcoming new beginners and existing students from Years 2 – 6. If this is not convenient, please note that we also offer external classes. [www.sekf.co.uk](http://www.sekf.co.uk)

The award-winning classes which have been featured by the BBC and Meridian TV on several occasions will be run by Collin Rudkin, 7<sup>th</sup> Dan Black Belt, ex-England international and his team of instructors.

All the SEKF instructors are enhanced DBS checked and have attended child safe - guarding / first aid courses and continue to update on a regular basis.

Sport Karate is an exciting and dynamic way of keeping fit, improving coordination whilst gaining self-confidence.

In keeping with the school’s Ethos, Collin Rudkin, and his team of Instructors, encourage a positive attitude and respect for others.

<b>Training Day</b>	Wednesday or Friday (Please state below)
<b>Time:</b>	3.00pm – 4.10pm
<b>At:</b>	Music room
<b>Clothing:</b>	Sports-Kit / Karate suit

**Cost for new members:** £40.00 (January) Then monthly Standing Order £40.00 starting 1<sup>st</sup> February.

Please message the details requested to Sensei Collin Rudkin and make payment to the bank account below using your child’s name and school code SMS as Reference by **Friday 3<sup>rd</sup> January** to reserve your child’s place for this popular class.

Parents will receive confirmation prior to the class starting and will be offered a refund if their child does not wish to continue after the first lesson or it is full.

**Information required.**

Student Name: School attending: Class name/Year group and day training Wed or Fri

**Cost for Existing members:** £40.00 Monthly fee (Includes Saturday course)

Existing students are guaranteed their place and do not need to confirm if payment is made via Standing Order for the 1<sup>st</sup> of each month.

**Please note new bank details for 2025**

**Payment details: Name:** Southern England Karate Federation  
**Account No:** 03807886 **Sort Code:** 20-96-96

If you have any further enquiries, please contact Sensei Collin: 07966 303 585