



Year 2 Unit Overviews

Unit:	Overview:
Core Unit 1: Athletics	<p>Skills: Co-ordination, Team Work, Communication, Jumping, Throwing</p> <p>In this unit, the children will continue to build on running, throwing and jumping skills learnt in Year One. They will focus on ensuring that the technique they use is controlled in order to develop the ability to throw and jump with height and distance. They will also complete activities and races in teams which will enable further development of team work and communication.</p>
Core Unit 2: Gymnastics	<p>Skills: Balance, Co-ordination</p> <p>In this unit, the children will perform shapes when moving on apparatus with strong body and control. They will perform a range of jumps and rolls, focusing on the control they use. During this unit, they create and perform simple sequences, ensuring they have a good start and finish.</p>
Core Unit 3: Great Fire of London Dance	<p>Skills: Balance, Musicality, Spatial Awareness, Communication, Control</p> <p>This unit will include performing movements in time to music/a beat. The children will develop skills in how to show expression through their actions and perform different sequences in the role of different people. During this unit, the children will develop their communication and team work skills through creating and performing dance routines in small groups/pairs.</p>
Core Unit 4: Multi Skills	<p>Skills: Balance, Agility, Control</p> <p>In this unit, the children will continue to develop their ability to balance and change direction quickly through a variety of exercises and games. They will think carefully about how to balance safely when using equipment, as well as how to keep control of objects whilst moving.</p>
Core Unit 5: Ball Games	<p>Skills: Spatial Awareness, Communication, Team Work, Agility</p> <p>In this unit, the children will further develop attacking and defending principles through playing a variety of invasion games. They will think carefully about how to create space with and without the ball, as well as how they can follow an opponent and attempt to win the ball back. During this unit, the children will further develop their ability to communicate and work within a team effectively.</p>

Unit 6: Kwik Cricket	Skills: Throwing, Catching, Bowling This unit will incorporate all the basic skills required to play cricket. The children will develop skills in rolling, stopping, throwing and catching a ball. During the unit, the children will take part in batting and fielding games to practice their skills and apply them to a competitive scenario.
Unit 7: Tennis	Skills: Balance, Agility, Control, Throwing, Catching In this unit, the children will be continue to build on skills learnt in Year One. The children will focus on developing their forehand and backhand techniques in a variety of games and exercises. During this unit, the children will start to play adapted games of tennis to apply their skills to a more competitive scenario.
Unit 8: OAA	Skills: Team work, communication, Control, Respect, Strength, Power, Co-ordination, Balance. Flexibility. In this unit, the children will participate in a variety of games and activities which promote the use of good teamwork and communication. They will also need to think logically about how to solve problems, whilst performing activities that use control, balance and co-ordination.