



Kit List

During the activities, Brenscombe provides all the required safety equipment. All clothing should be labelled with the owner's name and participants are responsible for their personal belongings.

We strongly suggest that people do not bring jewellery or new/expensive clothes as the nature of the activities can get clothes wet, muddy or worn.

During water sports activities you will have to wear securely fitting closed-toe footwear that will get wet and muddy.

Things to think about when packing your bag

How many days are you at the Centre?

Are you doing any water sports?

What do you want to wear during the evening or when not on activity sessions?

What will you wear to sleep in or if you need to get up and walk to the toilet in night?

What are you going to keep wet and dirty clothes in after activity sessions?

What's the weather likely to be like?

What to pack

Waterproof Jacket and Trousers

Walking boots/outdoor shoes

Closed toe shoes like old trainers for water activities (Crocs and flip flops are not suitable)

Reusable water bottle and lunch box/bag

Rucksack

Torch

Sun cream and sun hat

Hat and Gloves

Insect repellent

Swimming costume/shorts

Towel and toiletries

Pyjamas

Underwear and lots of socks

Indoor /evening shoes

Casual clothes to wear in the evening

Clothes to wear on activities - t-shirts, warm jumpers, long trousers (not denim) and shorts

Personal medication

Please ensure that your teachers/leaders are aware of any personal medication you may need before coming to Brenscombe. Each school/group will have its own system for managing medication during the trip.

Accommodation

All our bedrooms come complete with pillows, duvets and linen so there is no need to bring any bedding. Towels are NOT provided.

Camping

Please bring your own sleeping bag for programmes camping or on Brownsea Island.



Onsite activities

(Archery, Shooting, Bushcraft, Team Tasks)

- Suitable Footwear - Trainers/walking boots
- Waterproof Jacket
- Warm Jacket or fleece
- Sunhat (or beanie & gloves in winter)
- Sun Cream
- Water



Offsite activities - Dry

(Ropes Course, Climbing & Abseiling on the sea cliffs, Orienteering, Night Walk)

- Suitable Footwear - Trainers/walking boots
- Rucksack
- Waterproof Jacket
- Warm Jacket or Fleece
- Warm Clothes
- Sunhat (or beanie & gloves in winter)
- Sun Cream
- Full Water Bottle
- Packed Lunch (If told to pack by staff)
- Torch (for night walk)



Offsite activities - Wet

(Canoeing, Kayaking, Raft Building, Big Canoeing & Powerboat)

- Swimming Costume/Trunks
- Clothing that may get wet
- Footwear to get wet (old trainers or wetsuit boots)
- Towel
- Rucksack
- Bag to put wet clothes in
- A Full change of spare clothes including shoes
- Sun cream
- Sunhat
- Waterproof Jacket (especially for powerboat)
- Warm Jacket or Fleece (especially for powerboat)
- Full Water Bottle
- Packed Lunch (If told to pack by staff)



If you have any questions please don't hesitate to ask an instructor