



## St. Mark's C.E. Primary School

Talbot Village, Bournemouth, Dorset, BH10 4JA

Headteacher: Andrew Bright

Friday 5 June 2026

### **JIGSAW UNIT– SEX AND RELATIONSHIPS EDUCATION**

Dear Parents and Carers,

As part of the PSHE and relationships curriculum, and in line with current legislation, we will be teaching the Sex and Relationships units of education this half term. These units are **age appropriate** lessons which have been carefully researched and written by experienced PSHE consultants. They are part of the JIGSAW scheme of work which we have been using successfully for the past few years, meeting both curriculum and faith school requirements. In KS2, they are accompanied by the use of animations and some optional DVD footage from the Living and Growing DVD.

Below is a list with greater detail of the lessons:

<b>Year Group</b>	<b>Piece Number and Name</b>	<b>Learning Intentions 'Pupils will be able to...'</b>
1	Piece 4 Boys' and Girls' Bodies	Identify the parts of the body that make boys' and girls' different and use the correct names for these: penis, testicles, vagina, anus, vulva.  Respect my body and understand which parts are private.
2	Piece 4 Boys' and Girls' Bodies	Recognise the physical differences between boys and girls, use the correct names for parts of the body (penis, testicles, vagina, anus, vulva) and appreciate that some parts of my body are private.  Tell you what I like/don't like about being a boy/girl.
3	Piece 1 How Babies Grow	Understand that in animals and humans lots of changes happen between conception and growing up, and that usually it is the female who has the baby.  Express how I feel when I see babies or baby animals.
	Piece 2 Babies	Understand how babies grow and develop in the mother's uterus and understand what a baby needs to live and grow.  Express how I might feel if I had a new baby in my family.

	<p>Piece 3 Outside Body Changes</p>	<p>Understand that boys' and girls' bodies need to change so that when they grow up their bodies can make babies.</p> <p>Identify how boys' and girls' bodies change on the outside during this growing up process and know that this process is called puberty.</p> <p>Recognise how I feel about these changes happening to me and know how to cope with those feelings.</p>
	<p>Piece 4 Inside Body Changes</p>	<p>Identify how boys' and girls' bodies change on the inside during the growing up process and why these changes are necessary so that their bodies can make babies when they grow up.</p> <p>Recognise how I feel about these changes happening to me and how to cope with these feelings.</p>
4	<p>Piece 2 Having A Baby</p>	<p>Correctly label the internal and external parts of male and female bodies that are necessary for making a baby.</p> <p>Understand that having a baby is a personal choice and express how I feel about having children when I am an adult.</p>
	<p>Piece 3 Girls and Puberty</p>	<p>Describe how a girl's body changes for her to be able to have babies when she is an adult, and that menstruation (having periods) is a natural part of this.</p> <p>Know that I have strategies to help me cope with the physical and emotional changes I will experience during puberty.</p>
5	<p>Piece 2 Puberty for Girls</p>	<p>Explain how a girl's body changes during puberty and understand the importance of looking after myself physically and emotionally.</p> <p>Understand that puberty is a natural process that happens to everybody and that it will be OK for me.</p>
	<p>Piece 3 Puberty for Boys and Girls</p>	<p>Describe how boys' and girls' bodies change during puberty.</p> <p>Express how I feel about the changes that will happen to me during puberty.</p>
	<p>Piece 4 Conception</p>	<p>Understand that sexual intercourse can lead to conception and that is how babies are usually made.</p> <p>Understand that sometimes people need IVF to help them have a baby.</p> <p>Appreciate how amazing it is that human bodies can reproduce in these ways.</p>

6	Piece 2 Puberty	<p>Explain how girls' and boys' bodies change during puberty and understand the importance of looking after myself physically and emotionally.</p> <p>Express how I feel about the changes that will happen to me during puberty.</p>
	Piece 3 Babies – Conception to Birth Talk	<p>Describe how a baby develops from conception through the nine months of pregnancy, and how it is born.</p> <p>Recognise how I feel when I reflect on the development and birth of a baby.</p>
	Piece 4 Boyfriends and Girlfriends	<p>Understand how being physically attracted to someone changes the nature of the relationship and what that might mean about having a girlfriend/boyfriends</p> <p>Understand that respect for one another is essential in a boyfriend/girlfriend relationship and that I should not feel pressured into doing something I don't want to.</p>

We have always given parents the opportunity to watch the animations if they wish, and recommend that you talk to your child's teacher if you have any questions. You have the right to withdraw your child from lessons that refer to sex education (the sex-specific parts of RSE)\*. This is taught at an age-appropriate level during lesson 2 for **Year 4**, lesson 4 for **Year 5** and lesson 3 for **Year 6** children. Again, please speak to your child's teacher if you have any questions about content.

If you would like to refer to it, our current Relationships and Sex Education (RSE) policy is available to view on our [website](#).

As part of our ongoing review of the school's Relationships and Sex Education (RSE) Policy, and to take account of new legislation, we will shortly be launching a consultation period ahead of its implementation in September 2026. This will provide parents and carers with the opportunity to read the proposed policy, share their views, and provide feedback before it is finalised. Further information about how to access the consultation documents and submit comments will be shared in the coming weeks. We value the views of our school community and encourage all parents and carers to take part in the consultation process.

Kind regards,

St. Mark's C.E. Primary School

\* but you cannot withdraw their child from relationships education, health education, or from any part of the national curriculum science lessons (including puberty and reproduction).