



The “Sport Karate” classes will be re-starting on **Wednesday 7th January and Friday 9th January 2026** at St Marks Primary school. At this time, we will be welcoming new beginners and existing students from Years 2 – 6. If this is not convenient, please note that we also offer external classes. www.sekf.co.uk

The award-winning classes which have been featured by the BBC and Meridian TV on several occasions will be run by Collin Rudkin, 7th Dan Black Belt, ex-England international and his team of instructors.

All the SEKF instructors are enhanced DBS checked and have attended child safe - guarding / first aid courses and continue to update on a regular basis.

Sport Karate is an exciting and dynamic way of keeping fit, improving coordination whilst gaining self-confidence.

In keeping with the school’s Ethos, Collin Rudkin, and his team of Instructors, encourage a positive attitude and respect for others.

Training Day Wednesday or Friday (Please state below)
Time: 3.00pm – 4.10pm
At: Music room
Clothing: Sports-Kit / Karate suit

Cost for new members: £36.00 (January) Then monthly Standing Order £40.00 starting 1st February

Please message the details requested to Sensei Collin Rudkin and make payment to the bank account below using your child’s name and school code SMS as Reference prior to **Monday 5th January** to reserve your child’s place for this popular class. Parents will receive confirmation prior to the class starting and will be offered a refund if their child does not wish to continue after the first lesson or if the class is full.

Information required.

Student Name: School attending: Class name/Year group and day training Wed or Fri

Cost for Existing members: £40.00 Monthly fee (Includes Saturday course)

Existing students are guaranteed their place and do not need to confirm if payment is made via Standing Order for the 1st of each month.

If you have any further enquiries, please contact Sensei Collin: 07966 303 585

Payment details: Name: Southern England Karate Federation
Account No: 03807886 **Sort Code:** 20-96-96