



St. Mark's C.E. Primary School

Talbot Village, Bournemouth, Dorset, BH10 4JA

Headteacher: Andrew Bright

Monday 22 January 2024

Dear Parents /Carers,

NSPCC's 'Speak out. Stay safe' programme:

I am pleased to inform you that we are participating in the NSPCC's *Speak out. Stay safe.* programme this term. '*Speak out. Stay safe*' is a programme for children aged 5-11 which aims to help children understand abuse in all its forms and to recognise the signs of abuse. Children are taught to speak out if they are worried, either to a safe adult or Childline.

This child-friendly programme is aligned with the curriculum and consists of age-appropriate virtual assemblies and supporting classroom based activities. We will be watching these virtual assemblies tomorrow Tuesday 23 January in classes. In addition to this, on **Thursday 1 February** an NSPCC volunteer will be coming in to deliver workshops for **Years 2, 5 and 6**. The content is delivered in an engaging and interactive way with the help of the NSPCC mascot Buddy. If you would like to know more about the '*Speak out. Stay safe*' programme, please visit: www.nspcc.org.uk/speakout.

Additional NSPCC resources for families to help keep children safe:

The NSPCC have shared some important information below on wider NSPCC resources and support to help keep children safe.

<p>Parent/Carer support</p> <p>Take a look at information, support, advice and activities from NSPCC for parent and carers. www.nspcc.org.uk/parents</p>	<p>Activities to extend learning at home</p> <p>Take part in games and activities at home to help children learn about speaking out and staying safe. www.nspcc.org.uk/activities</p>
<p>Online Safety Hub</p> <p>For information on a range of different online safety topics including gaming, social media, sharing images, parental controls and more. www.nspcc.org.uk/onlinesafety</p>	<p>Childline – under 12's</p> <p>Childline have an accessible website with advice, support, games and activities. www.childline.org.uk/buddy (5-7) www.childline.org.uk/kids (7-11)</p>
<p>Talk PANTS with your children – Talk PANTS is a simple conversation to help keep children safe from sexual abuse. From P through to S, each letter of PANTS provides simple but important messages. Download the free resources at www.nspcc.org.uk/pants.</p>	

I hope you find this information about the NSPCC and the '*Speak out. Stay safe*' programme helpful. Please do contact me if you have any further questions.

Yours sincerely,

Miss Roberts

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